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Outpatient Instructions for Preparation for Small Bowel Series

- On the evening before the test, you are to have NO solid food after 6:00 pm.
- At 7:00 p.m. you are to drink 10 ounces of cold Citrate of Magnesia. (This is available at any drugstore, over the counter. No prescription is required.)
- You may have a clear liquid diet until midnight.

Clear Liquids include: water, coffee or tea without milk, strained fruit juices without pulp (apple, white grape, cranberry, etc.), carbonated beverages or soda pop, clear broth or bouillon. You may have plain Jello or Popsicles. You may also have clear hard candy.

If you are diabetic, please follow your usual dietary restrictions with regard to the liquids listed above.

- You are not to eat anything after midnight.
- **The test is done in the Radiology Suite on the 4th floor of the Galter Building (675 N. Saint Clair St.)**